

FREE



WOMEN'S EMPOWERMENT SEMINARS

Krav Maga Worldwide™ and Krav Maga Association of America are hosting FREE Women's Empowerment Seminars with 3rd Degree Black Belt, Kelly Campbell.

Develop the right mindset, confident body language, verbal self-defense skills, and physical preparedness to maintain personal safety. This seminar teaches practical self-protection strategies in a fun and cooperative learning environment. No previous Krav Maga experience or training is necessary to participate.

These seminars are open to members and non-members ages 13 & up. Ages 13 - 15 must be accompanied by an adult. Limit one seminar per person (either Sherman Oaks on 10/25 or West LA on 10/26).

10/26

2PM - 5PM
11400 Olympic Blvd. #100
Los Angeles, CA 90064
(310) 966-1300

Space is limited. For more information, contact communityoutreach@kravmaga.com.

"Most amazing group of people to train and share life experiences with."

★★★★★ 5 - star recommendation on **facebook**.

★★★★★ **50+ 5-STAR REVIEWS ON yelp**

"Definitely the best stress reliever" -ELLE



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