

KRAV MAGA ASSOCIATION

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האגודה לקרב מגע

תיבת דואר 1103 נתניה

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December 21st, 1984

To : Mr.Darren Levien

Subject : Krav Maga in the I.D.F. (Israel Defence Forces)

The Krav Maga, the Israeli system of self defence, was developed in the I.D.F. during the last 40 years. The leader of this development is Mr.Immi Lichtenfeld (74) who is now the President of the Krav Maga Association in Israel.

In the I.D.F., we taught special units as well as regular ones. The units which were trained were special combat intelligence units, the parachutists, the Infantry, pilots, submarine soldiers, frog units, the tankists, supply ones and others. We also taught the women soldiers, mostly to prepare them against rape.

In addition to the army there are other units who use the Krav Maga, including the Mosad, the special guards and Police.

Darren, according to your knowledge and your degree in Krav Maga, you are qualified to transfer this system to security factors in the States.

D Ben Asher

Col.David Ben-Asher

Former Head of Combat Fitness In I.D.F.
& Vice-President of the Krav-Maga
Association